

Cooke


MORUBEL

GIANT SQUID



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SQUID

Specie: *Dosidicus gigas*

Giant squid's mantle can measure up to two meters. Fishermen gave them the nick name 'red devil' because they are very aggressive. Found from Tierra del Fuego till California, sometimes they are spotted in Alaska. We offer rings, buttons or stripes, all popular ingredients in seafood mixes.

Certification:

So far, there are no giant squid fisheries with a sustainability certification. No big sustainability issues though.

Size: vary from specification

Allergens: contains molluscs.



Average nutritional values per 100g	
Energie	324 kJ/ 77 kcal
Fat	1,1 g
- of which saturated	0,3 g
Carbohydrates	0,5 g
- of which sugars	0,1 g
Protein	16 g
Salt	0,70 g

Preparation:

Great accompanied with other seafood products, squid becomes a great partner in seafood mix. We offer also a battered version known as "Calamar Romana" is a very popular appetizer making squid a good option to accompany all your seafood parties.

Available packaging:

250g-400g box
250g-2,5kg pillow bag
5kg-10kg bulk